

AWE 10th Annual Conference FEEDBACK FORM

Presenter: Taron Puri

Session: Energy Management for Busy Professionals

Attendance: 12

Average rating: 4.5/5 or 98% (Original forms available upon request)

Written comments:

Very informative – I found the energy points and their power very interesting; made me feel I could improve myself through awareness; the presentation was in tune with my other past learnings – it was just right, precise and to the point; I feel more focused and less stressed in my body after the breath exercises; very good, I just have to put it into practice; very insightful for me – it has opened up a totally new realm; I am intrigued by this work and would like to see more of the energy rod demonstrations with guests; the session has given validity to the thoughts and made me aware of the reality of instinct - it was all good.

Session: More Breath – Less Stress

Attendance: 20+ (due to the session being very rushed, only 6 forms were turned in)

Average rating: 28/30 or 93% (Original forms available upon request)

Written Comments:

We need more time for demonstrations; I re-connected, calm again and no longer tired; a little too fast paced but I loved how you despite the environment made your point; thank-you Taron – it was very informative and I will go forth and breathe; Very good – breath is powerful; I feel more relaxed – again!; Thank-you – I was breathing very shallow and have problems sleeping well. I am going to do your exercises.

That's it folks.