



Presentation Feedback Summary
“Getting Ahead through the Heart”
4th Annual Women’s Wellness Day– January 14th, 2006

On a Scale of 1-5 (5 being RIGHT ON TARGET), Did you receive value from the Presentation/Program?

1 2 3 4 5

Average Satisfaction Rating : 91% or 4.5/5

Please give Comments to make your ranking meaningful to us!

(1) Content:

Heart Energy Test had a very impactful score; this presentation caused me to reconnect & made so much sense to me – I am working on judgment and compassion; qualities of the heart is something I would really like to learn more about based on this talk – thank-you; this presentation opened my heart & allowed me to see areas in my life that I can change; very much in line with my current beliefs & complemented other speakers I identify with (Wayne Dyer); It was a new perspective for me & from the question sheet, I learned that I need to be more patient; my big aha was with the questionnaire & realized how out of balance I am; excellent -0 centering first really helped & reminding me to be honest with myself; Excellent presentation Taron – head vs. heart was really valuable; It was very interesting but I wish we could go deeper in some of the issues that were presented; made me think about things in a new way; left me wanting more, would have liked to have the ‘how to’ go from head to heart discussed; relevant to the current social/cultural milieu; informative and helpful – loved it!; had many interesting points that gave me lots to think about; great re-minding of desires on how to live/the idea of being centered in the self rather than self-centered.

(2) Taron’s presentation Style:

Was funny, succinct and prepared; very effective at connecting with the audience; excellent, funny and didn’t lose me for a second!; I really liked your use of language and how it reflects head & heart qualities; Fantastic – Taron’s tone of voice is very comforting & honest; I was in the back row & would have appreciated it if he moved closer from time to time; I liked it a lot – you are very funny!; very straight-forward, gentle, humorous in a nice, quiet way; very, very enjoyable, very personable & kept me wanting to listen!; Superb!; very good, funny & clear; I love how it started because I was able to focus more; very easy to listen to; awesome, easy going, funny moments and easy to relate to; upbeat, with good breathing out spaces; great! –



Efficient and easy to follow; Taron seemed relaxed & made a connection to everyone; great ease and openness!

What one insight will you take with you & commit to from this Presentation/Program today?

The language of the head vs. heart; new concept – if you live outside your head, you can actually function in life!; connecting from a place of anticipation and, being versus doing; practice being non-judgmental; judgment vs. compassion – knowing the difference between these two and not judging people in what they ‘should’ do but accepting them as they are; my heart wants to connect – give more through service; to try to anticipate vs. have expectations; Play more – sit quietly each day and have more undesignated time; practice non-judgment, both with myself and others; I’m going to dare to be more vulnerable; to be aware of how I am responding with my heart or with my head; The idea of the trinity and success being from the head vs. fulfillment from the heart; being aware that I am ‘head’ controlled – I would like to get in touch with my heart as it’s been so long; open to receiving; observing more for these heart qualities in my daily activities and interactions; practice non-judgment; ‘dare to be vulnerable’ – I thought that was a different outlook at things; achievement vs. fulfillment – cultivate feelings vs. reactive emotions!
